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# Wingspan: Poems



## Synopsis

Kai's wings are wide open and soaring in her second poetry collection, *WINGSPAN*. A catalog of fight and flight through life, Kai invites her readers into the innermost parts, where wing tuft meets flesh, where flesh meets bone. *WINGSPAN* is a book of spirit, movement, mirrors, activism, love, and the fluttering song of a woman who is coming into her own beauty and beingness. Coggin's poetic measurement in words, *WINGSPAN* holds earth and infinity between its feather tips.

## Book Information

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## Customer Reviews

Touching, thoughtful and filled with poetic beauty and depth, *Wingspan* is not afraid to soar wherever the author's heart takes her. Through words that are empathic, spiritual, and deeply honest, Kai fearlessly examines a gorgeous array of issues through the courageous power of her poetry. I loved *Wingspan* so much that I went out and bought Kai's other book (*Periscope Heart*) the following day and look forward to her future work. Do your heart a favor and buy this book, you will be the better for it.

The Poems, touched my Soul, on his Journey through Life. Kai Coggin has the talent to share and

make you feel the Hights and Downs of our every day experiencies,with a Beautifull Lenguage, sensitivity and understanding of the human nature, she induses you to open you r Wings and to FlighA pleasure to read.

With Wingspan Kai has entered and travels a space bigger than most ever traverse. she takes the microcosm of the body and explores the infinite.I have been reading the poems before sleep at night and i am taken into other worlds of thought, reflection and feeling. It is hard to critique poetry, because for poets like Kai, the poem seems to be writing her into life and i come alive too. The body majestic is a major theme here, along with a clearly identified activism much needed in or world that explores our connections while not denying our differences. Gender and shame, the pains of loving too much and the power of vulnerability are evident and inspirational. If you want to know "how" a poem means, then i highly recommend you take the time to read this work, but not only read it. Be sure it is read in the space it deserves, no distraction.i am inspired:Wayland Matthew Fox

This is a powerful and beautiful book. Kai Coggin takes the reader on a journey through complicated emotions always moving forward with grace and beautiful images. She writes about learning to love herself and inspires us all to do the same. Her poems ask and answer many questions and her search for herself is one we all must undertake in order to find any real sense of happiness. These poems made me happy, sad, angry and calm at different times. Each piece is so complete in its effectiveness that I often felt like I could only read one a day. They were so good I felt like I had to let the words sink deep into my life before I would read another one just to be sure I got everything she offered from her incredible words.If you love poetry you will love this book and if you don't, then read this book it will change your mind.

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